Permit Applied for

Thanet Roadrunners AC

Supported By

Alexanders Photography

Ramsgate

www.alexandersphotography.co.uk

Quicksand 15

Saturday 10th October 2009

at 10-00 am

A Challenging 15 mile Multi-Terrain Race Around the Coast

Start and Finish at Margate Sands

Note : Due to tides there is a four hour time limit on this race

Can You Beat the Tide?

Minimum age on race day 17.
All finishers receive a Race Memento
Awards for 1st, 2nd 3rd male and female;
1st Male V40, V50 and V60;
1st Female V35, V45, V55; 1st Team.

Affiliated Entry £12. Unaffiliated Entry £14.
All Entries on day £15 (if available)
All affiliated entrants *must* be individual members of EA, SA, or WA

Cheques made payable to Thanet Roadrunners AC.
Closing date for postal entries: 1st October 2009.
Please send 1xC5 stamped addressed envelope
All entries to: **Quicksand 15, 11 Arklow Square, Ramsgate, Kent, CT11 8PS**

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thanet district council

realbuzz runbritain.com

Data Protection Act 1998: Personal details submitted with this entry form will be held by Thanet Roadrunners AC for the purposes of race administration only, which may include passing them to England Athletics, where required

We regret that this race is not suitable for wheelchair athletes.

Please note that race entry fees are non-refundable or transferable once race entries are accepted if you are unable to compete for any reason.
Full terms and conditions on www.thanetroadrunners.org.uk

Please enter me for the Quicksand 15, 2009. I am medically fit and enter at my own risk and fully understand that the organizers can in no way be held responsible for any injury, illness or loss incurred to my person or belongings during or as a result of the event, including on the course or changing areas. I agree to the terms and conditions of entry. I consent to Thanet Roadrunners AC holding personal data from this entry form on computer for the purposes of race administration.

Surname

Forename

DateOf Birth D D / M M / Y Y Y Y **AgeOnDay** **Sex** Male | Female

ClubName

License# All affiliated entrants **must** be individual members of EA, SA, or WA

Address

Postcode **PhoneNumber**

Email

Signature

Parent or guardian must sign for under 18 year on date of race.

☐ **Under 18s only**: We may have a race photographer on the course.
Tick this box if pictures should NOT appear on the photographer's web site.

For official use only

www.thanetroadrunners.org.uk